

2nd Kuwait Healthy Cities Conference
10 – 12 February 2025
Regency Hotel – Kuwait

Day 1 Monday 10 / 2 / 2025 Maha Hall		
8:00 – 8:15	Registration	
8:15 – 10:00	Session 1: Concepts of Healthy Cities Moderator: Dr Amaal Hussain	
8:15 – 8:45	Healthy Cities in the 21 st Century	Prof Evelyne de Leeuw (Canada)
8:45 – 9:05	Regional Status of Healthy Cities	Dr Samar El Feky (WHO)
9:05 – 9:20	National Status of Healthy Cities	Dr Amaal Hussain (Kuwait)
9:20 – 9:50	Commercial Determinants of Health	Dr Monika Kosinska (WHO)
9:50 – 10:00	Discussion	
10:00 – 10:10	Break	
10:10 – 12:10	Session 2: Sustainability in Healthy Cities Moderator: Dr Ahmed Al Shatti	
10:10 – 10:40	A Regional Approach Towards Healthy and Sustainable Cities	Dr Ehab Shalaby (Egypt)
10:40 – 11:05	The Role of Healthy Cities in Addressing NCDs' Risk Factors	Dr Asmus Hammerich (WHO)
11:05 – 11:30	Health in All Policies	Prof Evelyne de Leeuw (Canada)
11:30 – 11:50	European Healthy Cities Network (Virtual)	Dr Kira Fortune (WHO)
11:50 – 12:00	Discussion	
12:00 – 12:15	Break	
12:15 – 1:15	Opening Ceremony	
12:15 – 12:20	National Anthem + Holy Quran	Dr Nawaf Al Noumes
12:20 – 12:25	Welcome Speech	Dr Taleb Al Shareef
12:25 – 12:30	Speech by his Highness Minister of Health	Dr Ahmed Al Awadhi
12:30 – 12:35	Speech by the Regional Director of the World Health Organization	Dr Hanan Balkhi
12:35 – 12:45	Video: 10 Years of the Implementation of Healthy Cities Initiative in Kuwait	
12:45 – 12:50	Speech by the Assistant Undersecretary for Private Medical Affairs	Dr Fatma Al Najjar
12:50 – 1:00	Speech by the Head of Healthy Cities Office	Dr Amaal Hussain
1:00 – 1:30	Opening of the Exhibition Hall	
1:30 – 2:30	Lunch Break	
2:30 – 4:00	Session 4: Presentation of Evidence, Data and City Profile in Healthy Cities Moderator: Dr Huda Al Duwaisan	
2:30 – 2:45	Urban Observatory in Healthy Cities	Dr Mohammed Khashoggi (KSA)
2:45 – 3:00	Success Story: Buraimi Healthy City Experience	Ms Laila Al Yahyaia (Sultanate of Oman)
3:00 – 3:15	National Healthy Cities Network in Qatar	Dr Sadriya Al Kohji (Qatar)
3:15 – 3:30	Preparing the city file and the platform for collecting evidence by modern methods	Mr Abdalla Al Mehrzi (UAE)
3:30 – 3:45	Awareness and Level of Knowledge of Healthy Cities Concept in a Sample Kuwaiti Population: An Exploratory Study	Dr Maha Al Sejari (KU, Kuwait)
3:45 – 4:00	Discussion	
4:00	End of Day 1	

Day 2 Tuesday 11 / 2 / 2025 Maha Hall		
8:00 – 9:45	Session 5: Healthy Lifestyle and Healthy Cities Moderator: Dr Alanoud Alobaidly	
8:00 – 8:15	Role of Healthy Cities in Promoting Physical Activity	Dr Huda Al Siyabia (Sultanate of Oman)
8:15 – 8:30	Role of Yarmouk Healthy City in Managing NCDs	Dr Huda Al Duwaisan (Yarmouk, Kuwait)
8:30 – 8:45	Tobacco-Free Cities (Virtual)	Dr Fatma El Awa (WHO)
8:45 – 9:00	How Do We Perceive Addiction?	Dr Hussain Al Shatti (Addiction Treatment Center, Kuwait)
9:00 – 9:15	Health Promoting Universities: Concept, Framework and Experience	Dr Laila Al Fozai (Healthy Cities Office, Kuwait)
9:15 – 9:30	Presenting the Experience of Wazen Program (Towards Healthy Work Environments)	Ms Shaima Al Maazmi (UAE)
9:30 – 9:45	Discussion	
9:45 – 10:00	Break	
10:00 – 12:15	Session 6: Urban Designs in Healthy Cities Moderator: Dr Maha Sejari	
10:00 – 10:15	New Cities in Kuwait	Eng. Naser Al Khraibut (Public Authority for Housing Welfare, Kuwait)
10:15 – 10:30	Save for Sustainability	Eng. Khajida Mishari (Ministry of Electricity and Water, Kuwait)
10:30 – 10:50	Sharjah Experience: Disabled-Friendly City	Sheikha Dr Shatha Al Mualla (UAE)
10:50 – 11:05	Al Shamiya Reserve	Ms. Adeeba Al Fahad (Developmental and Volunteering Team, Kuwait)
11:05 – 11:25	Smart Buildings Powered by Clean Energy Inaugurate Sustainable Cities and Communities Approach	Dr Rima Al Adsani (Yarmouk, Kuwait)
11:25 – 11:40	Finding Solutions to Questions and Critical Points in Community Work Towards Comprehensive Development	Ms Sara Al Azmi (Fazaa Team, Kuwait)
11:40 – 12:00	Waste Management in Healthy Cities	Ph. Huda Al Qallaf (Waste Management Initiative Team, Kuwait)
12:00 – 12:15	Discussion	
12:15 – 1:00	Lunch Break	
1:00 – 3:30	Session 7: Healthy Settings Moderator: Dr Mohammed Khashoggi	
1:00 – 1:15	Green Accommodations	Dr Osama Al Juhaim (Shuhada, Kuwait)
1:15 – 1:30	Kuwait University is a Health-Promoting University	Eng. Yousef Al Khamis (KU, Kuwait)
1:30 – 1:45	Experience of The Avenues Mall in Implementing the Health-Promoting Malls Initiative	Eng. Dana Al Welayti (Mabane Company – Avenues Mall, Kuwait)
1:45 – 2:00	Aged-Friendly Cities	Dr Fatma Ben Dhafari (Aged care Administration Services, Kuwait)
2:00 – 2:15	Sustainable Schools	Ms. Suad Al Jar Allah (Al Shamiya, Kuwait)
2:15 – 2:30	Discussion	
2:30 – 3:30	Workshop: Healthy Cities Evaluation Modalities	Dr Samar El Feky + Dr Monika Kosinska
3:30 – 3:45	Discussion	
3:45	End of Day 2	

Day 3 Wednesday 12 / 2 / 2025 Maha Hall		
8:00 – 8:15	Registration	
8:15 – 11:00	Healthy Cities Forum Moderator: Dr Abdullah Hasan	
8:15 – 8:30	Impact of Community Partnerships on Meeting Internationally Approved Healthy Cities Standards: Experience of Abdullah Al Salem Healthy City	Dr Eman Aba Hussain (Abdullah Al Salem District, Kuwait)
8:30 – 9:00	Healthy Urban Development: Location and Reality	Dr Ghassan Al Othman (Athr, Kuwait)
9:00 – 9:15	Challenges Faced by Shuhada Health Centre in the Management of People with Special Needs and Children	Mr. Ali Bin Awadh (Shuhada, Kuwait)
9:15 – 9:30	Environmental Sustainability towards Promoting Healthy and Sustainable Cities	Dr Alaa Arafat (Enshaat Alsayer General Trading and Contracting Company, Kuwait)
9:30 – 10:30	Panel Discussion: Challenges in Healthy Cities	Dr Amaal Hussain Members in Healthy Cities of Kuwait
10:30 – 10:45	Break	
10:45 – 11:45	Workshop: Senior Inn – No Falls Anymore	Ms. Kholood Al Wahsh (Al Eissa Med Company)
11:45 – 12:00	Recommendations, The Way Forward, Conclusion	Dr Amaal Hussain (Healthy Cities Office, Kuwait)
12:00 – 1:00	Lunch Break	
1:00 – 3:30	Training Course: First Aid	Mr Sadeq Karam (Emergency Medical Services, Kuwait)
3:30 – 4:00	Discussion	
4:00	End of Conference	